



PATHWAY
— OF —
HOPE



2022 IMPACT REPORT

Canada and Bermuda Territory



Dear Friends

Thank you for your interest in this 2022 Pathway of Hope Impact Report, which provides a flavour of the vital work being undertaken right across our territory.

Pathway of Hope is – and will remain – a key element in our territorial Mobilize 2.0 vision and mission. As we think together about how we are Inspired for Mission and Positioned for Growth, we see in Pathway of Hope that these are not separate objectives or buzzwords, but they are intrinsically linked. Pathway of Hope seeks to care for the whole person – physically, mentally, emotionally, spiritually.

In this report, you will encounter people whose lives are being transformed. Different ages, different backgrounds, different places, different life circumstances, different starting points, different objectives. This diversity is a beautiful thing. It's not a linear "process" and life can be messy, even at the best of times. Yet I am struck by how Pathway of Hope's gentle empowerment of people to realize their goals is helping us to take Jesus at his word when He told us "I have come that you may have life in all its fullness" (John 10:10).

As you read these stories and mull upon the data, which represents countless more lives changed for good, I pray that you will be as inspired, affirmed, and encouraged as I am. God is faithful!

Thank you to all the officers, employees, volunteers, and donors involved in the provision of Pathway of Hope. For your support, your advocacy, time, skills, enthusiasm, and prayers. We genuinely value and appreciate your commitment.

Sincerely yours,



Floyd J. Tidd
Commissioner
TERRITORIAL COMMANDER

Our Vision

Pathway of Hope isn't just about helping individuals and families finding a way out of poverty. It is designed to strengthen whole communities, and to provide support regardless of challenging circumstances. It begins with a genuine welcome and the offer of a listening ear to anyone who needs it.

Pathway of Hope is aligned with Mobilize 2.0 and its vision statement. Wherever there is hardship, our team is mobilized to share hope. By creating a philosophical and cultural shift in our practice, Pathway of Hope can provide caring service and support to our neighbours in need. Working together with community partners, and expectant of change and hope, there really is a brighter tomorrow.



Overview & Purpose

In Canada, one in every seven people lives in poverty. In Bermuda, that figure is closer to one in four. Many are caught in a cycle of poverty from which it is difficult to break out. While there are numerous factors that contribute to this problem, there are few solutions, which involve the holistic well-being of each individual.

Pathway of Hope, a territorial Salvation Army initiative, provides intensive, personalized case management to individuals and families who have a desire to take action to break the cycle of intergenerational poverty. The framework intentionally surrounds the person—and, where appropriate, their family—with spiritual care and access to opportunities for spiritual growth and development.



Giving Back to the Community West Kelowna, British Columbia



Mother-of-five Laura* successfully held down a job before deep-rooted issues took her to places she hoped never to be. A combination of substance misuse, separation from her much-loved husband, and struggles with setting goals led to her moving in with her daughter’s family of seven – in a cramped two-bedroom mobile home in West Kelowna. She felt ‘stuck’, lacking connection within this new community and, now unemployed, unsure where to turn.

Laura found Pathway of Hope at Renew Church, and has engaged effectively with the team and partners in other agencies to accomplish a spectacular turnaround. Scaffolded by Pathway of Hope practitioners over a period of eight months, Laura worked hard on goal setting, using ‘action steps’, which she describes as the most impactful technique that she learned. She also benefited from creating her own personalised ‘vision board’ to help keep her focused and motivated.

With this framework sparking a sense of hope, she has been reconciled with her partner. Marriage counselling has enriched their relationship, as well as joining a Bible study group together. Laura has participated fully in a Celebrate Recovery group, which helped her to overcome her addictions. Furthermore the increased stability in her life has led to her finding full-time employment, easing her financial situation. This has enabled Laura and her husband to move into a lovely home in Summerland, together with their youngest son.

Laura is committed to further strengthening her marriage and is seeking to solidify her connections in the community by joining a thriving Christian women’s group. She is also ‘giving back’ by choosing to volunteer in The Salvation Army’s Thrift Store.

*Name Changed



I am so grateful....the help I have received has been life changing [and] my relationship with my Pathway of Hope caseworker has been a blessing.

Breaking Barriers

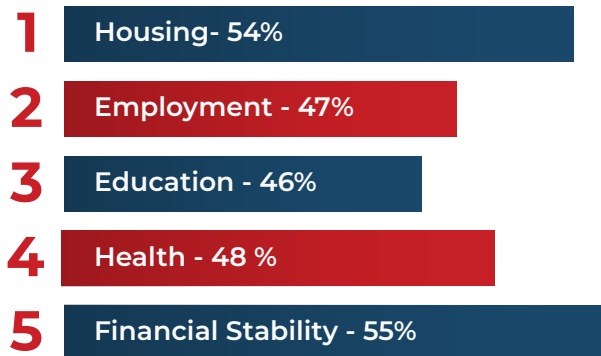
To break the cycle of poverty, we partner with individuals and families to develop a customized plan and take action to address root-cause issues and barriers.

Increasing stability is only possible through effective use of Salvation Army ministry units in partnership with other community agencies and stakeholders. The most significant barriers to Pathway of Hope participants at intake are as follows:



Goals

Through Pathway of Hope, goals have been set by participants to make positive change happen in their lives. These are the top five goals that were set, with the percentage of goals that were successfully achieved.



825
goals have been
achieved by
participants through
Pathway of Hope



1648
goals have
been set through
Pathway of Hope

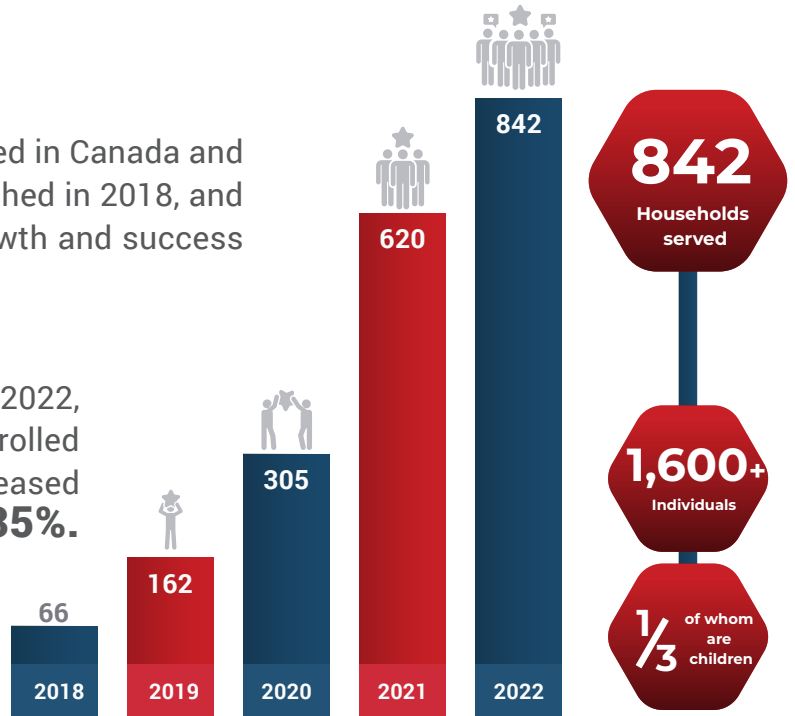
61%

of the goals set in
Pathway of Hope
have ended in successful
achievement in an
average of five months

Hope Grows

Pathway of Hope was piloted in Canada and Bermuda in 2016 and launched in 2018, and has continued to show growth and success across the territory.

From 2021 to 2022, the number of enrolled participants increased by **35%**.



Confident about the Future

Regina, Prairie

Tony* was one of the thousands of people that lost their job during the COVID-19 pandemic across the country. With his mother in ill health, Tony went from having control of his life, to putting everything on hold to take care of his mother—with little resources. This is when he decided to turn to The Salvation Army for support.

After losing his job, Tony knew he had to do something to get back on his feet to provide for himself and his mother. Working alongside his caseworker at The Salvation Army's Haven of Hope in Regina, Sask., he enrolled in Pathway of Hope with hopes it could lead him on a path to improve his living conditions.

In his case, the supports focused on providing Tony with a place to live, employment, transportation, and proper medical attention for him and his mother's health. Throughout his time in Pathway of Hope, Tony found the week-to-week check-ins from the workers assisting him, very valuable.

After spending four months receiving supports through the staff providing Pathway of Hope, Tony graduated. He was successfully able to find housing, employment, and proper medical care.

Today Tony believes that things are falling into place for him, and feels confident about his future. Although he may not know where he will exactly be within a year, he does know that The Salvation Army will be there for him should he ever need support again.



*Name Changed



Pathway of Hope gave me the tools and the faith required to achieve my goals.



Giving Hope Today

*Name Changed



A new Purpose in Life

Abbotsford, British Columbia

For most of his youth, Armando* struggled with alcohol addiction. It was a hard battle that almost ended his life. Fortunately, with the help of The Salvation Army's Pathway of Hope, Armando now sees a bright future for himself.

Being unsatisfied with the life he was living, Armando decided to pack his bags and leave his native Mexico for Canada in hope of a better future. However, even though some aspects of his life improved once in Canada, one problem did get worse. His drinking.

One day, feeling lost and hopeless, Armando attempted to take his own life. He even wrote a goodbye letter to his ex-wife and his son. Thankfully, his attempt was unsuccessful. The very next day, Armando decided it was time to get help for his alcoholism. With the support of a counsellor, he joined an addiction treatment centre. He completed his rehabilitation within three months but decided to stay at the centre for an additional five months because he wanted to help others overcome their issues with substance use disorders.

After winning his battle with alcohol, Armando looked to The Salvation Army's Pathway of Hope program for guidance. Here he was given the tools and counsel to improve his life path. He credits the program's supervisor, Richard Cunningham, as a great knowledgeable leader, who with faith leads participants through their journey.



Richard helped me achieve simple, but life-changing goals. He taught me how to strengthen my faith in God.



Thanks to his experiences in Pathway of Hope and his willingness to help others, Armando now works at one of the Salvation Army Centres of Hope in British Columbia. He now helps clients deal with their substance use disorders, just like the ones he once had. His job is a reminder of his past and present, and it helps him stay away from past battles.





Hopeful and Happy

East Toronto, Ontario

Due to dietary restrictions in her family and the high cost of the groceries, Louise* visited The Salvation Army's East Toronto food bank. During one of her visits, she connected with a Salvation Army caseworker. Louise told the caseworker that she wanted to improve her life but just didn't know how to start.

After expressing her desire to make a positive change in her life, Louise was informed of the Pathway of Hope. She wanted resources that could help her deal with her mental health, though she also wanted to work on some life skills and educational goals as well.

” I was looking for support in many aspects of my life ”

Meeting weekly with the caseworker helped Louise to find parent support groups to deal with some challenges she was facing with her son, she completed her first-aid certification, and she enrolled in free educational classes with the Toronto District School Board (TDSB), to improve her reading and writing skills.

After 10 months, Louise successfully graduated in April 2022, achieving her goals. Since receiving the mental health resources that were provided by Pathway of Hope, Louise has felt hopeful and happier. She continues to work on classes and is excited about what the future holds for her.

A new Home

Sydney, Maritime

Samantha* and Silvana* both arrived in Sydney, NS, from India around two years ago. As the transition proved to be challenging, the two young women found themselves in urgent need of help.

International student Samantha powerfully describes the “fear and difficulties” she encountered, a result of desperately trying to support her studies through what emerged to be unreliable employment. “I came to The Salvation Army to seek help regarding my unstable job and hardships ... I wanted some help with my life,” she recounts.

At around the same time, Silvana was also experiencing life-threatening problems; she was going hungry as she couldn't afford to eat. Both were introduced to Pathway of Hope caseworker, who swung into action to empower and support the women by devising individual action plans, followed by several months of intensive work together.

“I really wanted a stable job and good housing,” recalls Samantha, who has engaged diligently with the Pathway of Hope team to attain her goals. “I am satisfied with all the help I got throughout the program.” And the Pathway of Hope support hasn't just addressed her practical concerns. “I am more confident and ready to take [on] any challenge,” she beams. Having celebrated graduating from Pathway of Hope on Christmas Day 2021, Silvana agrees. The program has brought “a lot of change” in her life too. “I earn good money, as [the team] has helped me in getting more job opportunities. I am happy.”



PP *My name is Valarie*, and I arrived in Sydney, NS as an international student in 2022. Moving away from my family was very hard, I felt alone.*

I met John, the caseworker at The Salvation Army and he suggested I participate in Pathway of Hope, meet regularly and working together on my goals to find better housing and employment. I signed up and achieved both of my goals in six months. John was always ready to help and listen to me whenever I had a concern.

The most valuable part of this journey was getting to know good people through the church where I felt part of a community. I would recommend Pathway of Hope to anyone because you feel more confident getting good guidance to a more hopeful future. Thanks a bunch !!!



”
I don't feel like Sydney is a strange place anymore, I am immersed in this community and have fantastic opportunities.



Spiritual Outcomes

Hope gives us confidence that there is a positive future ahead and it is an essential component of the Pathway of Hope approach.



of successfully completed participants experienced increased **HOPE**

Through working with participants to eliminate barriers and reach their goals, stability has increased dramatically.



of successfully completed participants experienced increased **STABILITY**

Pathway of Hope is a tool for meeting the mission of The Salvation Army through community engagement. Ministry unit teams provide intentional holistic support making space to explore one's connections, meaning and purpose. The result is increased spiritual strength on the journey from crisis to stability.



of participants agree or strongly agree that their faith has increased while participating in Pathway of Hope.



of participants agree or strongly agree that they have made a connection to a faith or spiritual community.



of participants agree or strongly agree that their faith or spiritual beliefs help them during difficult times.

What have we learned?

While faith and spirituality are considered important to the people, often they are not well connected to a faith or spiritual community/group.

Pathway of Hope presents the opportunity for intentional conversation and relationship building that can lead to corps (church) and community integration.



of families participate in religious groups or activities beyond a weekly church service.



of Pathway of hope participants have a faith or spiritual belief that is of importance to them.



Personnel Development

The Pathway of Hope training framework includes three elements:

IMPLEMENTATION AND ONBOARDING

Supporting ministry units to get started with Pathway of Hope

In 2022

4 sessions offered
22 new locations were trained
122 attendees

MONTHLY SKILLS-BASED LEARNING

Supporting personnel with ongoing professional development

In 2022

10 sessions were offered
584 attendees

SCHEDULED TRAINING

Supporting new personnel to get started and revisiting training for established personnel

In 2022

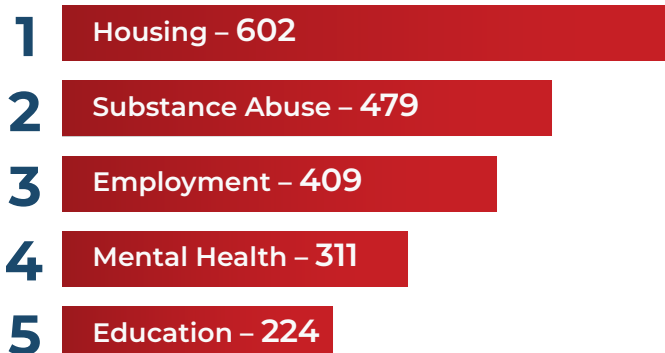
9 sessions were offered
77 attendees

Topics included:

systems theory, leading through change, spiritual care seminar, grief and loss, no hopeless spaces, conflict resolution, immigrant and refugee services, resiliency, motivational interviewing, and elder abuse.

Community Integration

Referrals made to other service providers and community partners : **4,241**



Intentional Engagement

Pathway of Hope is designed to create a real connection with the community. From home visits, to video calls, the Pathway of Hope providers are always in contact with the participants.

From 2021 to 2022 the number of Pathway of Hope interactions increased by **400%**

8,774 Service interactions have been provided by Pathway of Hope



Complete Independence

Harbour Light, Bermuda

With a long-term addiction to mind-altering drugs, Steven 's*' destructive life choices and mental health challenges were a constant concern for his mother and sister. It was through their loving support that he took the life-changing decision to refer himself to the Harbour Light rehabilitation programme in Hamilton, Bermuda.

Finding himself homeless and alone from time to time, Steven was frustrated with the damaging effects of his substance dependency. He reported feeling "robbed" of a fulfilling life and was at an especially low ebb. After three decades of a debilitating lifestyle, could Pathway of Hope be the answer?

Helped by staff, Steven gained access to mental health treatment and grief counselling. On a physical level, he was encouraged to face the future with a smile – literally – through a new set of dentures! And spiritually, Steven has been participating in a welcoming, caring Salvation Army church community.

He has developed robust coping mechanisms to manage day-to-day pressures, and after three years of sobriety, various aspects of his life are falling back into place. Having developed computer skills, Steven now has a full-time job, his own cellphone and transportation. He has learned to budget, shop and cook his own meals. "Truly grateful," Steven feels he now has the motivation and necessary tools to lead a successful life with new-found independence.



*Name Changed



The support I have received from the Pathway of Hope team and my closest family members, is the glue that is holding me together.



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